



## You're Not Going Crazy.You're Just Waking Up!: The Five Stages of the Soul Transformation Process

By Michael Mirdad

Grail Productions, Inc. Paperback. Book Condition: new. BRAND NEW, You're Not Going Crazy.You're Just Waking Up!: The Five Stages of the Soul Transformation Process, Michael Mirdad, This book explains why the challenges in your life (and in your heart) may make you feel as though you are going crazy. "The Five Stages of the Soul Transformation Process" guides you through such challenges and leads you to the light at the end of the tunnel; wherein you gain a new perspective of your life, yourself, and your purpose. The soul transformation process includes: dismantling, emptiness, disorientation, re-building, and a new life. This process assists you in rising to new levels of spiritual mastery where you become an active participant in re-building a new life, a life that resonates with your highest good.



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