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CLEAR SKIN DETOX DIET: A REVOLUTIONARY PLAN TO HEAL YOUR SKIN FROM THE INSIDE OUT



Ulysses Press. Paperback. Book Condition: New. Paperback. 208 pages. A FOOD-FOCUSED STRATEGY FOR ELIMINATING SKIN MALADIES AND CREATING A RADIANT, BEAUTIFUL COMPLEXION. Millions of men and women struggle with skin problems ranging from embarrassing acne and eczema to painful psoriasis and inflammation. Clear Skin Detox Diet provides the key to unlocking a beautiful, youthful complexion and overcoming skin conditions without prescription treatments or costly medical procedures. An easy-to-follow primer on the relationship between diet and skin health, Clear Skin Detox Diet...

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- Authored by Lauren Talbot
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