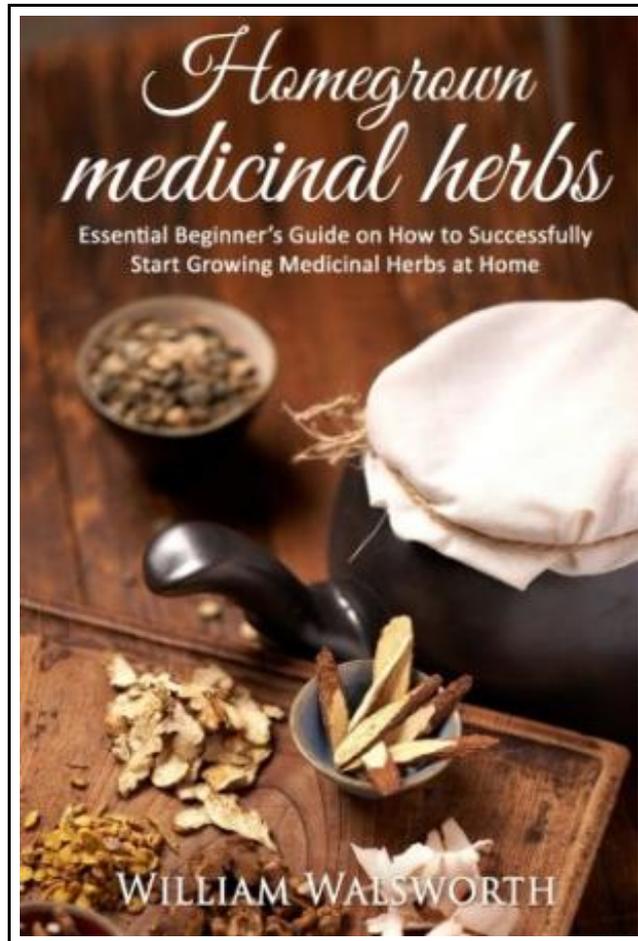


# Homegrown Medicinal Herbs: Essential Beginner's Guide on How to Successfully Start Growing Medicinal Herbs at Home



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Homegrown Medicinal Herbs Essential Guide on How to Successfully Grow Medicinal Herbs at Home, Use Natural Remedies Create DIY Herbal Medicine and Beauty Products Have you always wanted to learn about the health benefits of herbalism? Do you want to learn about the AMAZING possibilities that common herbal plant species have for your health and well-being? Do you want to be introduced to a new healthy lifestyle and start growing your own herbal garden? If you answered YES to any of the above questions, " Homegrown Medicinal Herbs " is the book for you! This book was designed as an introduction book and has specifically been written from a beginners perspective. Anyone interested to learn about the possibilities of growing a herbal garden for medicinal use, choose natural remedies to improve health, or simply enjoys starting a herb garden will be able to enjoy this book. What Will I Learn From This Book? The following topics are covered in this book: How to successfully grow specific herb species in your own backyard Key information on the specific health benefits of medicinal herbs Useful guidelines and knowledge about popular medicinal herbal species Steps to take in order to maintain, harvest and store your herbal products Historical views on the use of herbalism in old and new cultures Potential dangers of using medicinal herbs These are just SOME of the topics that are covered in this book! Starting a herbal garden is not only a lifestyle choice, it is also a healthy choice. There are so many plants out there that could help you in ways you never imagined before. Even edible plants have health benefits that..

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