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LET YOUR SOUL SING: ENLIGHTENMENT IS FOR EVERYONE



Dog Ear Publishing. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 8.9in. x 5.9in. x 0.2in. Enlightenment has fascinated people for millenia. Let Your Soul Sing overturns the commonly held belief that enlightenment is a state of consciousness possible only for a few rare individuals living in a forest or monastery. It points out that enlightenment is in fact the most natural state of life, available to everyone through simple, effortless meditation techniques that expand human awareness and perception of the...

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- Authored by Ann Purcell
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